

UC SAN DIEGO STUDENT HEALTH SERVICES



SERVICES

Available for all registered UC San Diego students regardless of insurance coverage. Fees may apply.

Primary Care	Sexual & Reproductive Health	Lab Services
Urgent Care	Transgender Care	Pharmacy
First Aid	Smoking Cessation	Radiology
Immunizations	Acupuncture	Optometry
Nutrition Counseling	Insurance Consultation	Medical Records



HOW TO MAKE AN APPOINTMENT

Call (858) 534-8089 to make an appointment. Some services are available for walk-ins.



OPTIONS FOR AFTER HOURS CARE

When Student Health Services is closed, there are options for medical care.



Speak with a nurse after hours by calling **(858) 534-3300**

**Free service*

LiveHealth
ONLINE

Live video doctor visits
livehealthonline.com

**Fee may apply*



In an emergency, call **911** or the UC San Diego Campus Police at **(858) 534-4357**

MONDAY	8 AM - 6 PM
TUESDAY	8 AM - 6 PM
WEDNESDAY	8 AM - 4 PM
THURSDAY	9 AM - 4 PM
FRIDAY	8 AM - 4 PM
SATURDAY	9 AM - 12 PM

Check our website for hours during quarter breaks & summer.

We are closed on all university holidays.

studenthealth.ucsd.edu
(858) 534-3300

9500 Gilman Drive
La Jolla, CA 92093-0039
*Located on Library Walk,
across from the Bookstore*

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UC SAN DIEGO HEALTH PROMOTION SERVICES



healthpromotion.ucsd.edu | (858) 534-1824

The Health Promotion Services department works closely with Student Health Services to enhance the personal health of students and the collective health of the campus community by supporting students in establishing and maintaining behaviors that contribute to their health now and in the future.



MEET WITH A HEALTH EDUCATOR

A free service for registered students. Speak with a health educator about any of the following health topics:

Alcohol & Other Drugs	Sleep
Healthy Eating	Stress
Sexual Health & Safer Sex	Physical Activity

Call **(858) 534-1824** to make an appointment.



REQUEST A WORKSHOP

Choose from a variety of health education workshops facilitated by our peer health educators, the Student Health Advocates.

Visit **bit.ly/shaworkshop** to submit your request.



MORE SERVICES

Visit our website at **healthpromotion.ucsd.edu** to learn more about these and other services:

Online Health Screenings	Fitness Assessments
Body Composition Analysis	Health Campaigns
Distribution of Safer Sex Supplies	Smoking Cessation

the zone
A lounge for student well-being

The Zone, UC San Diego's lounge for student well-being, offers FREE wellness programs such as our therapy dog de-stress events, DIY craft workshops, fitness classes, healthy cooking demos, and more! Learn all about The Zone at **zone.ucsd.edu**.